

Basis-schema 17-18

TRAININGSSCHEMA BASIS

Maandag	A1/1	A1/2	A2/1	A2/2	B1/1	B1/2	B2/1	B2/2	C1/1	C1/2	C2/1	C2/2
18:10 - 19:10	9.3	9.8			9.7	9.4	9.5	9.6	KEEPERSTRAINEN		11.4	7.2
19:10 - 20:20	13.4						13.2		KEEPERSTRAINEN		15.5	
20:20 - 22:00	ZA5				17.5		ZA2				17.3	
Dinsdag	A1/1	A1/2	A2/1	A2/2	B1/1	B1/2	B2/1	B2/2	C1/1	C1/2	C2/1	C2/2
18:10 - 19:10	11.1	11.2	11.5	7.3	7.1	11.3	9.1	9.2	13.3		MO.15.1	
19:10 - 20:20	15.1		15.2		17.2		13.5		13.1		MO.17.1	
20:20 - 22:00	BOEIMEER1		BOEIMEER1.KT		ZO2				19.1		17.1	
Woensdag	A1/1	A1/2	A2/1	A2/2	B1/1	B1/2	B2/1	B2/2	C1/1	C1/2	C2/1	C2/2
18:10 - 19:10									7.4	11.9	13.6	
19:10 - 20:20	17.4				DA35		15.5		13.2		G1	
20:20 - 22:00	ZA6		ZA4		ZO4		ZO5-ZO6		ZA5		ZA2	
14:00 - 15:00	?	?	?	?								
15:00 - 16:00	?	?	?	?								
Donderdag	A1/1	A1/2	A2/1	A2/2	B1/1	B1/2	B2/1	B2/2	C1/1	C1/2	C2/1	C2/2
18:10 - 19:10	11.1	11.2	11.3	11.6	11.8	11.7	MO.15.1		13.3		9.1	9.2
19:10 - 20:20	15.1		15.2		17.3		MO.17.1		13.1		17.2	
20:20 - 22:00	BOEIMEER1		BOEIMEER1.KT		ZA3		ZO2		17.1		19.1	
Vrijdag	A1/1	A1/2	A2/1	A2/2	B1/1	B1/2	B2/1	B2/2	C1/1	C1/2	C2/1	C2/2
18:10 - 19:10	PLUSVOETBAL											
19:10 - 20:20	15.3		15.4				13.5		17.4		DA35	
20:20 - 22:00	ZO3		ZO4						ZO5		ZO6	